

Mental Health Resources

Box Elder County

- Bear River Mental Health (Brigham City Office) 435-734-9449
- Bear River Mental Health (Tremonton Office) 435-257-2168
- Brigham City Clubhouse (Addiction Recovery).....435-723-3176
- Box Elder Family Support Center (parenting support).. 435-723-6010
- Brigham City Community Health Clinic 435-723-8276
- Box Elder Community Health Clinic (Brigham City) 435-723-7999

Surrounding Areas

- Family Institute of Northern Utah (Logan)..... 435-752-1976
- LDS Family Services Logan..... 435-752-5302

- Ogden..... 801-621-6510
- USU Marriage and Family Therapy Clinic (Logan)..... 435-797-7430
- USU Psychology Community Clinic (Logan)..... 435-797-3401
- Family Counseling Service of Northern Utah (Ogden). 801-399-1600

State of Utah

parentguidance.org

SafeUT.org

Suicide Crisis Help Number Line

Dial 988

National Numbers

NAMI (National Alliance on Mental Illness)
1-877-230-6264
NUHOPE (Suicide Prevention Hotline)
1-800-273-TALK (8255)